

# Class Begins Feb. 16, 2015

## NAMI\* FAMILY-TO-FAMILY EDUCATION PROGRAM

FREE for family members, partners and significant others of individuals  
living with

Bipolar Disorder/Manic Depression  
Major Depression  
Borderline Personality Disorder  
Schizophrenia and Schizoaffective Disorder  
Panic Disorder & Obsessive Compulsive Disorder  
Co-occurring Brain Disorders & Addictive Disorders  
Post Traumatic Stress Disorder - PTSD

A series of 12 weekly classes structured to help family members/caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders.

**There is no cost to participate in the NAMI Family-to-Family Education Program.** Over 300,000 family members in the U.S., Canada, Mexico and Italy have completed this course. We think you will be pleased by how much assistance the program offers. **We invite you to call for more information and to register.**

### **Classes start: Monday, February 16**

Class meets for twelve Mondays. Last class: May 4

First Baptist Church, 216 E. 2<sup>nd</sup> St., (2<sup>nd</sup> and Broadway Streets) Wichita.  
Enter parking lot from Broadway on north side of church.

7:00 – 9:30 p.m.

Co-Teachers: Janet Brumbaugh c. 316-734-2082  
Victoria Jackson c. 316-200-5951

For family members only  
**Registration required.**  
Classes limited to 20 persons.

This Family-to-Family Education Program is sponsored by NAMI Kansas And the [\\*National Alliance on Mental Illness \(NAMI\)](#).  
[www.namiwichita.org](http://www.namiwichita.org)