

nami Family-to-Family

National Alliance on Mental Illness



A free, 8-session educational program for family, significant others, and friends of people with mental health conditions. NAMI Family-to-Family provides information about anxiety, depressive disorders, schizophrenia, bipolar disorder and other mental health conditions. **This course is designed** to increase understanding and advocacy skills while helping participants maintain their own well-being. The program is taught by trained family members who have a loved one with a mental health condition. NAMI Family-to-Family is an evidence-based program.

Saturdays 9:30 a.m. – 12:00 p.m.
October 4 – November 22, 2025
St. Andrew’s Episcopal Church
1062 E. Chet Smith Ave., Derby, KS
Instructors: Eugene & Claudia Davis

REGISTRATION REQUIRED, PLEASE USE QR CODE TO THE RIGHT OR FOLLOW THIS LINK:

<https://forms.gle/DtvsvErKLnz9yDvt6>

WWW.NAMIWICHITA.ORG

P.O. BOX 2435
WICHITA, KS 67201
316-686-1373



FOR ASSISTANCE, CONTACT
T.GWYNN@NAMIWICHITA.ORG OR 316-250-6188

Topics Covered:

Mental Health Conditions

Local Supports and Services

Crisis Management

Current Treatments and Therapies

Communication and Problem Solving

Self-Care

Impact on Family

And more!

